



Sheryl Chatham CCP

***Workplace Stress
and
Life Coach***

Sheryl brings to her coaching practice thirty years of diversified experience in sales, marketing, management, coaching, and leadership. She has successfully coached hundreds of people over the years to help them to clearly identify what would make them happy in both their work and home lives.

Sheryl has lived through the upside and the downside of life and she attributes these experiences and personal learnings to her ability to understand difficult situations. She supports you with her caring nature yet helps you to pinpoint your most important issues at hand and how you need to move forward to reach your goals and dreams. She continues to coach people from all walks of life, and all levels of their careers to truly enjoy more life and job satisfaction.

Sheryl is accredited with the online Career Assessment, and is a Certified Coach Practitioner with the Certified Coaches Federation. She looks forward to giving you incredible insight about your life and the living of it.

Sessions are \$150.00 each plus HST, and can be scheduled at your convenience.

To book an introductory session with Sheryl via Skype, please [CLICK HERE](#) for payment.

Sheryl will be in touch with you shortly.

Good luck with your journey!