



***Craig Wood P. Eng.
Personal
And
Professional
Life Coach***

Craig brings a strong background in business and talent management to his coaching practice. With thirty years of exceptional and diverse business and leadership experience Craig has successfully lead, managed, and developed high performance teams in a variety of industries such as manufacturing, oil and gas, automotive, executive coaching, and training. He has worked with people in both the public and private sectors at all levels including the C-suite.

Craig's coaching style is caring yet focused. He has the innate ability to ask questions and deep listening skills that quickly lead to helping you uncover your barriers to move forward successfully in your life both personally and professionally.

Craig attended the Royal Military College of Canada and graduated with a degree in Mechanical Engineering. He is active in Rotary and with Treble Victor, an organization which mentors and helps Veterans transition from the military into corporate life.

Sessions are \$150.00 each plus HST, and can be scheduled at your convenience.

To book an introductory session with Craig via Skype, please **click here** for payment.

Craig will be in touch with you shortly.
Good luck with your journey!!!